



## ROTARY YOUTH EXCHANGE

**FINLAND**

District 1400

<http://www.ryefinland.com>

### ROTARY SUMMER CAMP IN KUUSAMO, FINLAND 2010

- NAME:** NORDIC ADVENTURE SUMMER CAMP
- WHERE:** Kuusamo (800 km north from Helsinki, 215 km east from Oulu). The area is famous for its unique nature and attracts one million visitors every year.
- WHEN:** Friday 23<sup>rd</sup> of July – Sunday 8<sup>th</sup> of August, 2010  
Family Period I: July 23<sup>rd</sup> – July 30<sup>th</sup>  
Camp Period: July 30<sup>th</sup> – Aug 6<sup>th</sup>  
Family Period II: Aug 6<sup>th</sup> – Aug 8<sup>th</sup>
- ARRIVAL:** On July 23<sup>rd</sup> by Finnair flight AY397 from Helsinki at 16:45 to Kuusamo, arrival at 17:35
- DEPARTURE:** On Aug. 8<sup>th</sup> at 13:30 by Finnair flight AY396 from Kuusamo to Helsinki, arrival at 14:45
- PARTICIPANTS:** 8 boys and 8 girls, together 16 participants from EEMA countries
- AGE:** 16 - 20 years
- PROGRAMME:** The camp consists of two parts. The first week and the last two days you will spend together with your Finnish host family to get an idea of the Finnish way of life. During the seven days long camp period you will be enjoying activities like canoeing, hiking (not too much), swimming and doing projects with other 15 young people from several EEMA countries. Local Kuusamo Rotary Club has built for you and your new coming friends a program you will never forget.
- EQUIPMENT:** Your personal medication and suitable clothing. The daytime temperature is normally between 15 – 20 degrees Celsius. Water temperature is around 18 C°. Take your swimwear with you. In the evenings participants can go swimming in a lake and try the Finnish sauna.
- COSTS:** Participants pay their own costs to and from Kuusamo and should have their own pocket money.
- INSURANCE:** Participants must have valid insurance policy in case of sickness or injury.
- MORE INFORMATION:** Mr. Pentti Raivio phone: +358 40 771 9704  
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[http://www.ruka.fi/summer\\_eng/](http://www.ruka.fi/summer_eng/)

### SEND ALL APPLICATIONS TO:

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