



## Rotary International



### Experience Switzerland and Liechtenstein by Bike!

<b>Date</b>	Saturday 24th July to Saturday 7th August 2010
<b>Host district/country</b>	District 2000, Switzerland and Liechtenstein (Eastern part of Switzerland)
<b>Applications</b>	By 30 <sup>th</sup> April 2010 <b>New STEP Application Form</b> (respective parts) in DUPLICATE to be sent to: Rotary Youth Exchange Switzerland / Liechtenstein      Tel. +41 56 426 50 58 Bleicheweg 6 / P.O. Box 45      Fax +41 56 426 79 91 CH-5605 Dottikon Switzerland <a href="mailto:camps@rotaryswissyep.ch">camps@rotaryswissyep.ch</a>
<b>Aim of camp</b>	2 weeks tour by bike in the eastern part of Switzerland and in Liechtenstein with a mixed program consisting of cycling, a cultural/historical program and experiencing international friendship.
<b>Participants</b>	Max. 21 participants, 1 - 2 girls or boys from each country. More than 21 invitations will be sent out. The first 21 applicants will be accepted. <b>Important: No beginners should apply; however, the bikers need not to be "professionals"!</b>
<b>Age</b>	19 – 24
<b>Language</b>	English
<b>Lodging</b>	Youth hostels or modest accommodation
<b>Costs</b>	Travel costs to and from the camp, compulsory Rotary International basic Insurance of CHF 60/EUR 40, and hire of a mountain bike CHF 300/EUR 200 (if necessary, has to be paid cash at arrival to the camp by the participant), maximum costs CHF 360 or EUR 240. All other costs for the camp are sponsored by the organising clubs and district. If participants prefer to bring their own mountain bike, it needs to be in a very good condition as repairs can be expensive in Switzerland. We hire the mountain bikes at: <a href="http://www.rentabike.ch">www.rentabike.ch</a>
<b>Program</b>	Daily stages between 50 and 70 km up and down in the pre-alpine and alpine area with hills and passes, on tar and/or off roads. One free day. Primarily biking, but also cultural programs with local Rotary Clubs. The camp is basically a <u>non-smoking</u> camp (participants will be advised when smoking is permitted!)
<b>Itinerary</b>	Zürich – Baden – Rheinfelden – Schaffhausen – Weinfelden – St. Gallen / Appenzell – Vaduz FL – Wattwil - Zurich
<b>Insurance</b>	All participants will be insured at their costs by the organiser against illness, accident, third part damages and all other risks according to Rotary International recommendations (see above 'costs').
<b>Clothing and Equipment/ Further Information</b>	The applicants who are accepted by the organisers will receive a detailed list of clothing and equipment suggestions as well as a detailed tour-program, list of participants and a "questionnaire".
<b>Arrival</b>	On Saturday afternoon 24 <sup>th</sup> July at Zurich-Airport (Kloten) or Zurich-Airport Railway station. Arrival not later than 17.00 h! Pickups: Zurich-Airport and Zurich-Airport Railway station