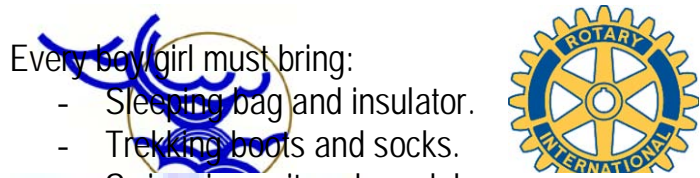




SIERRA DE GUADARRAMA CAMP 2010

CULTURE+NATURE

SPONSOR CLUBS:	R.C. of MAJADAHONDA, D 2201 (In collaboration with Rotarians from Madrid and Castilla-León)
OBJECTIVE:	Promote the relationship between youth people from all over the world.
MAIN ACTIVITY:	Visiting around. Cultural and Recreational activities in a nature environment.
PARTICIPANTS:	Invitation to a group of 30 boys/girls from different countries (only one per country).
AGES:	From 18 to 25 years-old.
LANGUAGE:	English and Spanish. (Participants could also communicate in German, French, Italian and Portuguese with the monitors)
LOCATION:	"Casa de la Cueva", Peguerinos, Ávila (Spain)
DATES:	From July 29 th to August 12 th of 2009
ARRIVALS BY PLANE:	July 29 th at Madrid Barajas Airport before 17:00.
ARRIVALS BY TRAIN:	Chamartín Station (Madrid) before 17:00 hrs. In both cases candidates should send the form with a detailed description of plane/train and arrival time. From there R.C. of Majadahonda will arrange transportation to the camp.
ACCOMMODATION:	The CAMP has medical facilities, a cook, a swimming pool and library services. You will use the CASA DE LA CUEVA hostel facilities.
INSURANCE AND DOCUMENTATION:	The following documentation should be sent: <ul style="list-style-type: none">- Photocopy of valid passport or identity card.- Rotary International application form filled in.- Photocopy of European Medical Insurance Card.- Two small passport size photos



- Sleeping bag and insulator.
- Trekking boots and socks.
- Swimming suit and sandals.
- Jumper, warm clothes and raincoat.
- Long trousers.
- Torch and water bottle.
- Sunscreen lotion.

MEALS: All meals are included. When trekking is done, a packed lunch will be provided.

INSTRUCTORS: All the activities will be led by two professional instructors trained by the Rotary Club, the camp principals and all the Rotarians of the club. At museums, they will be helped by specific guides.

TRANSPORT: All the trips between the arrival and the departure dates will be provided and supported by the sponsor club.

COSTS: Participants are requested to pay a participation fee of **120 € (to be given by cash on arrival)**

CLOSING DATE: **30 APRILth** of 2010

FAMILIES: Families will be able to follow the camp activities daily and live at: www.penasblancas.net

ORGANIZATION: APPLICATION FORMS TO BE SENT TO:

ROTARY INTERNATIONAL
MARQUES DE URQUIJO, 6 28008 - MADRID
Phone: +34 91 548 7879
Fax +34 91 5592570

yep@yep.rotaryspain.org

Eduardo San Martín: esanmartin@yep.rotaryspain.org

Teodoro Pérez Ifante: perezinfante1@yahoo.es

Rosario Carretero: rcarret@telefonica.net





PROVISIONAL PROGRAM

-29th July- (Thursday): Collecting participants at the airport, station, or place of arrival.

And transfer to the Youth Hostel in Madrid.

-30th July- (Friday): Visit to Prado Museum in the morning, transfer to CASA DE LA CUEVA. Welcome and Reception at the hostel. Sport and Cultural activities.

Dinner with members of Rotary Club.

-31th July-(Saturday): Stroll in Peñas Blancas. Sports and swimming pool

-1st August- (Sunday): Visit to Cuelgamuros and the Basilica. Lunch with Rotarians and Rotaracs from the district.

-2nd August- (Monday): Tour to Salamanca

-3rd August- (Tuesday): Excursion to Peguerinos. Reception at the Town Hall. Recreational and sports activities during the afternoon.

-4th August (Wednesday): visit to El Escorial monastery. Reception at the Town Hall of Majadahonda and visit at a Fish Farm in Manzanares El Real.

-5^h August (Thursday): Transfer to Peñas Blancas Camp. Sports, climbing, swimming pool, archery.

-6th August (Friday): Tour to Toledo and Valladolid.

-7th August (Saturday): hicking, cycling at the surroundings the Camp.

-8th August (Sunday): Visit to La Granja and Segovia

-9th August (Monday): Visit to Avila

-10th August (Tuesday): Organization of the International Dinner Party.

Each participant will cook, speak or perform something of his country: traditional dress, food, etc.. it is welcome).

-11th August (Wednesday): Transfer to Madrid (Youth hostel). Visit to the Royal Palace. Free afternoon. Farewell Dinner.

12th August (Thursday): Breakfast and transfer to the airport, station, etc.

