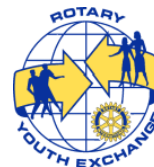




**Rotary International District 3480
Youth Exchange Program
Tour of Taiwan Biking Camp 2010
Invitations**



Dear Youth Exchange Officers,

Pleased be informed that we, the Youth Exchange Committee of RI District 3480 is organizing a 14-days

“Tour of Taiwan Biking Camp” in coming summer, from 12th July 2010 through 25th July 2010.

Attached please find the detailed information about this Camp. The applicants need to fill out the Application Form (one copy) and then airmail or e-mail it to the following address before 15th April, 2010:

RID3480 Youth Exchange Committee Office

4F, No.67, Pao-Ching Road

Taipei 100, Taiwan (Republic of China)

Tel: +886-2-2370-3322, +886-2-2370-0055

Fax: +886-2-2370-7776

E-mail: r3480yep@ms78.hinet.net

We are looking forward to meeting the participants from your country/district.

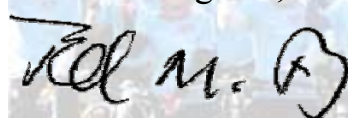
More invitations are being sent out then we will be in the process of handling all the applications upon receipt. The applicants will be accepted in the order of arrival dates of their applications till the acceptable numbers of participants have been reached.

Please visit to our website for more details at:

<http://www.ri3480.org> → Click “ [Youth Exchange Tour of Taiwan Biking Camp 2010](#) ”

Or directly go to: <http://www.ri3480.org/ezinfo/ezcatfiles/ezportal1/img/img/455/index.html>

With kind regards,



RID3480 Youth Exchange Chair,
Ted Fu





Rotary International District 3480

Tour of Taiwan Biking Camp 2010 Detail

Date:	12 th .July (Monday)~ 25 rd .July (Sunda8) 2010
Host Country:	Taiwan, Republic of China
Sponsor District:	D3480
Age Restriction	18 ~ 25
Contact Address:	RID3480 Youth Exchange Committee Office 4F, No.67, Pao-Ching Road., Taipei 100, Taiwan (Republic of China) Tel: +886-2-2370-3322; +886-2-2370-0055 Fax: +886-2-2370-7776 E-mail: r3480yep@ms78.hinet.net
Duration and Goal achievement:	The duration of Camp is to be 14 days in total. The participants will stay with host families for the first two days after arrival at Taipei and last two days after biking. The participants for the biking journey will travel around Taiwan for 10 days (9 nights) to discover the beauty of Taiwan, (Formosa, the beautiful island).
Language:	English and Mandarin
Important Dates for Applications	<p>15th April 2010 Deadline for applications</p> <p>30th April 2010 Guarantee Form Return to District Officer</p> <p>30th May 2010 Deadline for receipt of personal and flight information</p> <p>12th July 2010 Pre-Biking Orientation</p> <p>12th~13th July 2010 Warm up and stay with host families</p> <p>14th July 2010 Biking Camp Starts</p> <p>23rd~24th July 2010 To refresh and stay with host families</p> <p>25th July 2010 Departure for Home</p>
Lodging:	Hotel or guesthouse is to be provided during the biking camp, and the participants will enjoy the local cuisines in Taiwan.
Costs:	US\$500.00 per person
Program:	Daily length of biking journey: Approximately 100 kilometers. The transportation is mainly to be by biking, except a small route during the last second day (Hualien to Yilan) of the trip for which the railway train .will be taken instead.
Bike System:	To be provided by Giant Manufacturing Co. Ltd. (A well-known bike manufacturer in the world)
Route:	Taipei → Hsinchu → Yuanlin → Tainan → Pingtung → Taitung→ Hualien→ Yilan → Taipei
Insurance:	The participants must be insured covering illness, accident and third party damages in accordance with Rotary International recommendations for Short Term Youth Exchange Program. Your insurance-coverage must be in accordance with RI recommendations, e.g. US\$ 500,000.00 for illness and accident, US\$ 100,000.00 for

emergency repatriation, and US\$ 10,000.00 for death remains.

Clothing and Equipment:	The equipment or clothing should orientate itself to following activities: Biking, bathing, recreation, a small rucksack for biking and rainwear. All participants have to bring their own cycling gears, such as gloves, sun glasses, cycling suits and changes, shoes, sun protection cream and other items for cycling use A free-rent FCR27 variable-speed bike with helmet is to be offered by Giant Manufacturing Co. Ltd. Plus free gift of bike raincoat and a water bottle.
Arrival/Departure:	To arrive at Taiwan C.K.S Airport (TAIWAN TAOYUAN International Airport) on 10 th .July (Saturday) or 11 th .July 2010 (Sunday) but no later than 12 th July (Monday), and to depart on 25 th July 2010 (Sunday).
Pickup:	By Designated Host family
Participants requirement:	Up to 16 participants; no more than 2 participants from each country, no limitation of gender, on first come first served basis. However the camp will be subject to cancellation if total of applicants is less than 12. Important Note: Please do not apply for the event if you have the following illness! Epileptic, heart disease, hypertension (high blood pressure), or physical problems for cycling.

Tour of Taiwan Biking Camp Route Schedule

Days	Date	Content/ Route	Lunch	Dinner
Day1	7/12	To be arranged by the host families	–	–
Day2	7/13	To be arranged by the host families	–	–
Day3	7/14	Taipei (Tataocheng)→Hsinchu	Yun-An Harbor – Lunch Box	Macdonald (Hsinchu)
Day4	7/15	Hsinchu→Yuanlin	Dajia- Dominos Pizza	Macdonald (Yuanlin)
Day5	7/16	Yuanlin→Tainan	Jiayi – Turkey Rice Restaurant	KFC (Tainan)
Day6	7/17	Tainan→Pingtung (Kenting)	Chaozhou - Macdonald	Shan-Shang Qiao Fu Chinese Restaurant (Kenting)
Day7	7/18	Kenting→ Pingtung (Xuhai)	Manzhou – Beef Noodle	B&B Dinner
Day8	7/19	Xuhai→Taitung (Chihpen)	Dawu - Tung Fa-Shun Seafood restaurants	Hotel Chinese Food
Day9	7/20	Taitung (Chihpen)→Hualien (Yuli)	Chixiang Lunch Box	Yuli Noodle
Day10	7/21	Hualien (Yuli)→Hualien City	Guanfu Lunch Box	Taipei Steak Store(Hualien)
Day11	7/22	Hualien City→Taroko→Yilan (LoDong)	New Castle Beef Noodle	LoDong Night Market
Day12	7/23	Yilan (LoDong) → Taipei (Xindian)	Ping Lam Restaurant	Self-Serve
Day13	7/24	To be arranged by the host families	–	–
Day14	7/25	Departure for Home	-	-

Biking Camp Tour-Leader Contact Information: (Extremely Important!)

Morgan Chang 張安華 Short-Term Exchange Coordinator

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Youth Exchange Committee, D-3480
Taipei, Taiwan
Mobile phone +886-930-931-998
E-mail: morgan_ahchang@yahoo.com.tw



Paul Yue 余振賢 Coordinator Biking Camp 2010

Short Term Exchange
Youth Exchange Committee, D-3480
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Also can contact 24/7:

Mr. Joe Tsai at
+886-937-059-323
for Emergency



*Above Photos (Biking and Taiwan Map) is provided by PP. Piper – Rotary Club of Taipei Toa Tiu Tian

*以上照片(單車和台灣地圖)是由台北大稻埕扶輪社前社長彭旭三先生提供

INTRODUCTION OF TAIWAN

Taiwan's total land area is only about 36,000 square kilometers; it is shaped like a tobacco leaf that is narrow at both ends. It lies off the southeastern coast of the mainland Asia, across the Taiwan Strait from Mainland China--a solitary island on the western edge of the Pacific Ocean. To the north lies Japan; to the south is the Philippine. Many airlines fly to Taiwan, helping make it the perfect travel destination.



*Taoyuan Daxi Traditional Street



*Yangming-Shan National Park

Taiwan lies on the western edge of the Pacific "rim of fire," and continuous tectonic movements have created majestic peaks, rolling hills and plains, basins, coastlines, and other wonders. Taiwan sees climates of many types:

tropical, sub-tropical, and temperate, providing clear differentiation between the different seasons. There are about 18,400 species of wildlife on the island, with more than 20% belonging to rare or endangered species; among these are the land-locked salmon, Taiwan mountain goat, Formosan rock monkey, Formosan black bear, blue magpie, Mikado pheasant, Hsuehshan grass lizard, and many more.

The government has established 7 national parks and 13 national scenic areas to preserve Taiwan's best natural ecological environment and cultural sites. Take a hike in the splendor and sheer heights of the cliffs at Taroko Gorge; take a ride on the Alishan train--one of only three mountain



*A-Li Mountain Aboriginal Culture Center

railways in the world--and experience the breathtaking sunrise and sea of clouds; hike up to the summit of Northeast Asia's highest peak, Jade Mountain. You can also soak up the sun in Kending, Asia's version of Hawaii; stand at the

edge of Sun Moon Lake; traipse through the East Rift Valley; or visit the offshore islands of Kinmen and Penghu. It's fun in capital letters as well as an awesome journey of natural discovery!



*Pingdong East Harbor Dapon Bay

Take a cycling Round The Island of Taiwan is most exciting and challenging leisure activity during summer in Taiwan, you will traveling through most of the beautiful scenery spots island wide, visiting various tribes,

experiencing different cultures, taking various foods, enjoying sun shining and a lot more.

The cultural aspects are also not to be missed. The blending of Hakka, Taiwanese, indigenous people and Mainland Chinese cultures has produced a rich plethora of cultural and social color. Whether it is religion, architecture, language, living habits, or food, it's just one big exciting melting pot! Food is the best representative of this cultural mixing



*Taipei County Wulai Waterfall

and matching. Aside from cuisines from different parts of the mainland such as Zhejiang, Hunan, Guangdong, Yunnan, Shanghai, Beijing, Sichuan, and others, there is also the local Taiwanese cuisine as well as the local delicacies of each area.



*Hualien Taroko National Park



*Maoli County Bike Route

**all pictures are provided by "Taiwan Panorama Magazine", Gibson LAI*

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