



ROTARY YOUTH EXCHANGE

FINLAND

District 1430

<http://www.ryefinland.com>

MIDNIGHT SUN SUMMER CAMP IN KOUVOLA, FINLAND 2011

- NAME:** Midnight Sun Camp
- WHERE:** Kouvola (140 km north-east from Helsinki)
- WHEN:** July 24th – Aug 7th, 2011
Family Period, July 24th - July 31st
Camp Period, Aug 1st - Aug 7th
- ARRIVAL:** Helsinki-Vantaa Airport , July 24th
DEPARTURE: Helsinki-Vantaa Airport, Aug 7th
- PARTICIPANTS:** 16 participants from EEMA countries
AGE: 16 - 20 years
- PROGRAMME:** The Midnight Sun camp consists of two parts: The participants will stay one week with their host families to get an idea of the Finnish way of life. Additionally, during the first week, all participants along their host families will get together at least for one afternoon. The second week will be spent among the participants in Puhjonranta, which is a beautiful camp site located at a near-by lake. In Puhjonranta, the participants will stay in rooms shared by 2-4 persons; girls and boys separated. During the camp, participants will improve their cooperation skills by various group workshops, and also they will explore the Finnish nature and other regional sight-seeings, such as the Old Paper Mill Verla and some of the functional/training areas of the Finnish Army.
- EQUIPMENT:** Your personal medication and suitable clothing. The daytime temperature is normally between 15 – 25 degrees Celsius. Water temperature is around 20 C°. Take your swimming suite with you. In the evenings participants can go swimming and try the Finnish sauna.
- COSTS:** Participants pay their own costs to and from Helsinki-Vantaa Airport and shall have their own pocket money.
- INSURANCE:** Participants must have valid insurance policy in case of sickness or injury.
- APPLICATIONS:** The applicant must use the official Rotary Youth Exchange – Short-Term Exchange Program (STEP) Application form when applying to the camp. The deadline for the applications is 15th April, 2011.
- MORE INFORMATION:**
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