

**Invitation to the International Summer Camp
“LET’S DIVE, CLIMB & ROW”
16th July to 27st July 2011
(Camp Nr 01 / District 2430)**

- Host Country / Club(s)** : Turkey / Adana Tepebag Rotary Club (District 2430)
- Aim of camp** : Rowing, Climbing & CMAS 1 Star Diving Licence Certification Program Training, Knowing Environment
- Program** : See following pages
- Participants** : 12 (6 girls & 6 boys) (one boy & one girl from each Country- placement will be done in the sequence of receiving offers)
- Age** : 16 - 21
- Language** : English
- Accommodation** : Cukurova University Dormitory
- Cost** : Flight tickets to arrival point and back & Insurance **Plus €200,00 participation fee**
- Payment Details** : All accepted applicants should pay the requested fee prior to their arrival
- Account Holder** : Fevzi Burak Yoruger
- Bank Name** : Turkiye Is Bankasi
- Branch Name** : Gazipasa Bulvari Subesi
- IBAN No** : TR13 0006 4000 0026 0140 1354 25
- Swift Code** : ISBKTRISXXX
- Arrival** : Adana Sakirpasa Airport
- Departure** : Adana Sakirpasa Airport
- Insurance** : Participants must be insured against illness, accident and third party damages according to Rotary International Requirements
- All Applications&Register** : (Before 05 May 2011) (Scanned AFs will be accepted if they are fine and readable)
Ertugrul Kaya

Kislasaray Mh. Fevzi Cakmak Cd. No:7/B
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ADANA TEPEBAĞ ROTARY DISTRICT 2430

SUMMER CAMP 2011



LET'S DIVE, CLIMB & ROW

Let's go to the enjoyment of sports in the routes of South central Anatolia... We welcome you to the Let's Dive, Climb & Row Rotary Camp organized by the Adana Tepebağ Rotary Club which will be held at Çukurova State University Campus with the universities' sport club support. After the theoretical and practical sport activities completed, the young campers will have International 1 Star CMAS Certificate along with Universities Sport Club international certificates for rowing and climbing. It will be a pleasure for us to show you all the beauties and the sporting facilities in our region.

Learn to know Adana : After the arrival day on Saturday, on Sunday you'll have one day for acclimate and to know each other while enjoying the pool at Adana Atlıspor Club and later a small sightseeing tour of Adana.

Sports Programme : (Monday-Friday theoretical part)

Morning - row practice **Afternoon** – climbing wall practice

_ the theoretical part of the international 1 star CMAS certificate

(1 Star - THE DIVER WHO IS COMPETENT IN THE SAFE AND CORRECT USE OF ALL APPROPRIATE OPEN WATER SCUBADIVING EQUIPMENT IN A SHELTERED WATER TRAINING AREA AND IS READY TO GAIN OPEN WATER DIVING EXPERIENCE IN THE COMPANY OF AN EXPERIENCED DIVER)

The trainers are technically and operationally experienced university sport clubs staff and Turkish National Rowing Team trainer will be responsible for rowing.

Fun & Action Outdoor Programme : (Saturday-Monday) In addition to the theoretical part, the participants will experience a spectacular camping program at Aladağ mountain, where we'll spend a night in the tents at the national park of Aladağlar, hike and perform rock climbing under professional guidance. (The tents and the camping materials will be provided by us) The next afternoon we'll leave the park and drive to Boğsak sea side (near Silifke, Mersin) where we'll spend a night at a hotel and will enjoy a summer day & night at the seaside. On Monday, we'll sail in order to complete the scuba diving practical part again under professional guidance.

Final Day : After the evaluation of the camp and photo slight show, all participants will receive their international certificates and will have a farewell party in the late afternoon.

The daily programme and the camp responsible persons contact information are listed on the attached and there is a possibility that there will be slight changes from the normal programme which will be advised immediately if happens.

We hope to be with you and share a wonderful time together at Let's Dive, Climb & Row Camp.

DATE : 16 .07 .2011 - 27 .07 .2011





LET'S DIVE, CLIMB & ROW

Adana Tepebağ Rotary Summer Camp 2011



Date	Details
Saturday July 16, 2011	Arrival Day President and Camp Coordinator will be at Adana Şakirpaşa Airport ¹ to say a warm welcome and help you to settle down to your accommodation for the first 7 days of your camp. Sign in to accommodation facility.
Sunday July 17, 2011	Orientation day 10:00 AM – Meet at the lobby 10:30 AM – Transfer to Adana Atlı Spor Club ² (Adana Horse Club) for brunch with the club members, enjoy the swimming pool and get ready for the training programme
Monday July 18, 2011	First day of the camp 07:30 AM – Wake up 08:00 AM – Transfer to Balıkhane ³ for breakfast. 09:00 AM – Start training with Çukurova University ⁴ Rowing Club's trainers at the Aquatic Sports Center. 11:45 PM – Transfer 12:00 AM – 1 hour lunch and rest time at the central cafeteria of university. 12:55 PM – Transfer 13:00 PM – Start training recreational indoor wall climbing at the Çukurova University Balcalı Campus. 15:30 PM – Start training recreational diving indoor training at the Çukurova University Balcalı Campus. 18:45 PM – Transfer 19:15 PM – Meet at the lobby for dinner.
Tuesday July 19, 2011	07:30 AM – Wake up 08:00 AM – Transfer to Balıkhane ³ for breakfast. 09:00 AM – Start training with Çukurova University ⁴ Rowing Club's trainers at the Aquatic Sports Center. 11:45 PM – Transfer 12:00 AM – 1 hour lunch and rest time at the central cafeteria of university. 12:55 PM – Transfer 13:00 PM – Start training recreational indoor wall climbing at the Çukurova University Balcalı Campus. 15:30 PM – Start training recreational diving indoor training at the Çukurova University Balcalı Campus. 18:45 PM – Transfer 19:15 PM – Meet at the lobby for dinner.
Wednesday July 20, 2011	07:30 AM – Wake up 08:00 AM – Transfer to Balıkhane ³ for breakfast. 09:00 AM – Start training with Çukurova University ⁴ Rowing Club's trainers at the Aquatic Sports Center.



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Adana Tepebağ Rotary Summer Camp 2011



11:45 PM – Transfer
12:00 AM – 1 hour lunch and rest time at the central cafeteria of university.
12:55 PM – Transfer
13:00 PM – Start training recreational indoor wall climbing at the Çukurova University Balcalı Campus.
15:30 PM – Start training recreational diving indoor training at the Çukurova University Balcalı Campus.
18:45 PM – Transfer
19:15 PM – Meet at the lobby for dinner.

Thursday
July 21, 2011

07:30 AM – Wake up
08:00 AM – Transfer to Balıkhane³ for breakfast.
09:00 AM – Start training with Çukurova University⁴ Rowing Club's trainers at the Aquatic Sports Center.
11:45 PM – Transfer
12:00 AM – 1 hour lunch and rest time at the central cafeteria of university.
12:55 PM – Transfer
13:00 PM – Start training recreational indoor wall climbing at the Çukurova University Balcalı Campus.
15:30 PM – Start training recreational diving indoor training at the Çukurova University Balcalı Campus.
18:45 PM – Transfer
19:15 PM – Meet at the lobby for dinner.

Friday
July 22, 2011

07:30 AM – Wake up
08:00 AM – Transfer to Balıkhane³ for breakfast.
09:00 AM – Start training with Çukurova University⁴ Rowing Club's trainers at the Aquatic Sports Center.
11:45 PM – Transfer
12:00 AM – Joining with Adana Tepebağ Rotary clubs meeting at Seyhan Hotel.
15:00 PM – Transfer
15:30 PM – Start training recreational diving pool training at the Çukurova University Balcalı Campus.
18:45 PM – Transfer
19:15 PM – Meet at the lobby for dinner.

Saturday
July 23, 2011

07:30 AM – Wake up
08:00 AM – Transfer to Aladaglar National Park⁵ for a day hike, rock climbing and one night camp in tents.

Sunday
July 24, 2011

07:30 AM – Wake Up
08:00 AM – Breakfast & Free Time
13:00 PM – Transfer to Bogsak⁶ for open water diving.
18:00 PM – Check in the accommodation at the Bogsak.
19:15 PM – Meet at the lobby for dinner.



LET'S DIVE, CLIMB & ROW

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Monday
July 25, 2011

07:30 AM – Wake Up
08:00 AM – Breakfast
09:00 AM – Start diving at the deep blue waters of Mediterranean sea.
12:00 AM – 1 hour lunch and rest time.
13:00 PM – Start diving at the deep blue waters of Mediterranean sea.
18:00 PM – Pack and Go to Adana.

Tuesday
July 26, 2011

07:30 AM – Wake Up
08:00 AM – Breakfast & Free time
12:00 AM – 1 hour lunch.
13:30 PM – Certificate ceremony and evaluation of camp.
17:00 PM – Farewell Party

Wednesday
July 27, 2011

Departure from Adana according to participant's individual or group flights.

- 1- Adana Şakirpaşa Airport (Turkish: Adana Şakirpaşa Havalimanı) (IATA: ADA, ICAO: LTAF) is an airport located in the city of Adana in the Adana Province of Turkey.
- 2- <http://www.adanaatlispor.com>
- 3- Balikhane is a restaurant to serve Çukurova University staff by the Seyhan Dam & Reservoir Lake
- 4- Çukurova University (Turkish: Çukurova Üniversitesi) has ten faculties, three colleges, seven vocational colleges, three institutes and twenty six research and application centers. The university Balcalı campus is located 10 kilometers away from Adana city center, by the Seyhan & Reservoir Dam Lake <http://www.cu.edu.tr>
- 5- Anti-Taurus (Turkish: Aladağlar) is a mountain range in southern and eastern Turkey, curving northeast from the Taurus Mountains
- 6- Bogsak is a small village at Silifke in the Mersin province of Turkey.