



Rotary International



Experience Switzerland and Liechtenstein by Bike!

Date	Saturday 21th July to Saturday 4th August 2012
Host district/country	District 2000, Switzerland (East of Switzerland) and Liechtenstein
Applications	By 30 th April 2012 New STEP Application Form (respective parts) in DUPLICATE to be sent to: Rotary Youth Exchange Switzerland / Liechtenstein Tel. +41 56 426 50 58 Bleicheweg 6 / P.O. Box 45 Fax +41 56 426 79 91 CH-5605 Dottikon Switzerland camps@rotaryswissyep.ch
Aim of camp	2 weeks tour by bike in the eastern part of Switzerland and in Liechtenstein with a mixed program consisting of cycling, a cultural/historical program and experiencing international friendship.
Participants	Max. 21 participants, 1 - 2 girls or boys from each country. More than 21 invitations will be sent out. The first 21 applicants will be accepted. Important: No beginners should apply; however, the bikers need not to be “professionals”!
Age	19 – 24
Language	English
Lodging	Youth hostels or modest accommodation
Costs	Travel costs to and from the camp, compulsory Rotary International basic Insurance of CHF 60.-, and hire of a mountain bike CHF 300.- . (if necessary, has to be paid cash at arrival to the camp by the participant), maximum costs CHF 360.- . All other costs for the camp are sponsored by the organising clubs and district. If participants prefer to bring their own mountain bike, it needs to be in a very good condition as repairs can be expensive in Switzerland. We hire the mountain bikes at: www.rentabike.ch
Program	Daily stages between 50 and 70 km up and down in the pre-alpine and alpine area with hills and passes, on tar and/or off roads. One free day. Primarily biking, but also cultural programs with local Rotary Clubs. The camp is basically a <u>non-smoking</u> camp (participants will be advised when smoking is permitted!)
Itinerary	Zürich (Höri) – Frauenfeld – Flawil and Appenzell – Rorschach and St. Gallen – Schaan – Bad Ragaz – Glarus and Linthebene - Zurich
Insurance	In addition to your own private medical insurance you are required to have the extra Rotary International basic Insurance for this camp (illness, accident, third part damages and all other risks according to Rotary International policy see above ‘costs’).
Clothing and Equipment/ Further Information	The applicants who are accepted by the organisers will receive a detailed list of clothing and equipment suggestions as well as a detailed tour-program, list of participants and a “questionnaire”.
Arrival	On Saturday afternoon 21 th July at Zurich-Airport (Kloten) or Zurich-Airport Railway station. Arrival not later than 17.00 h! Pickups: Zurich-Airport and Zurich-Airport Railway station