



Rotary International – District 2040, Italy Youth Exchange Program



Lariano Trekking Camp July 1st 2012 – July 14th 2012



Host Country / Club

ITALY / Rotary Club:

Appiano, Cantù, Como, Como Baradello, Erba Laghi, Parchi Altomilanese, Saronno

Aim of Camp

Trekking on the Como Lake mountains

Program

Trekking on the Como Lake mountains

During these two weeks you will be guided to discovery of our region, through trekking on the beautiful mountains of Como Lake and the surrounding area of it. Easy walking mountain paths have been selected for three days, the fourth one is a resting day: the final excursion & activities calendar will be issued within the end of March.

Application before

20th April 2012

Participants

Total of 12, 6 boys and 6 girls
Limited to one participant per country

Age

16 - 18 years

Language

English – good level

Accommodation

Fondazione Minoprio
Viale Raimondi 54
22070 Vertemate con Minoprio
Tel +39-031-900224
www.fondazioneminoprio.it



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Youngsters will be hosted all together in a gardening school college, three bed rooms. During the night a surveillance service will be provided

Clothing

Robust trekking boots (COMPULSORY, if you do not have them, you might not be allowed to take part in some excursions)
Knapsack for mountain tour
Light wind jacket (waterproof)
Long and short trekking pants
Bathing costume
Underwear for mountain conditions (about 2000 mt height)
Waterproof hat or hood, light mountain mantle
Sunglasses
Sleeping bag is useless: we will provide a light bed bag

Eating

we will provide all meals: at lunchtime when walking it could be just a snack, dinner in the college refectory when at home or in mountain huts during excursions

Guiding

Two or three experts will guide the group every day.
It is strictly required to stay on group, under the guide permission only it is possible to do anything else

Payment

150 Euro, via bank transfer, due at confirmation to:
Bank : C.R.A. Cantù, fil. Minoprio
Account Pessina Marta
Title Trekking Camp, Country, Name of participant
IBAN IT18 G084 3089 1600 0000 0082 962
SWIFT ACAR IT 22

Arrival

Sunday - July 1st, 2012 (preferably in the afternoon)

Departure

Saturday - July 14th, 2011
Airport Milan Malpensa (preferred)
Alternative Milan Linate
Railway Milan Central Station, Varese State/FNM Station
Rotary Club rep's will provide for welcome and escort service from/to airport/station

Transportation

private or public, will be provided by us

Contact

Marta Pessina (Camp coordinator)
via Guaita, 16
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SCHOOL RULES FOR THE GUESTS OF THE FONDAZIONE MINOPRIO

Dear guests,

We would like to ask you to read and accept the following rules, in order to respect the educational aim of the Fondazione Minoprio

- *It is necessary to show a correct behaviour and to be respectful to people and things.
- *Smoking is allowed outside the school buildings only.
- *Drinking alcoholics and using drugs is absolutely not allowed.
- *The person responsible for the group or every person of the group, in case the culprit won't be identified, will be charged for any damage to the dormitory, to the gym or to other structures of the school.
- *It is compulsory to stay in your room from 22:30 to 7:00, keeping quiet.
- *Should you go out at night, it's compulsory to be back within 23:00 (weekly days) or 24:00 (at weekends) and in one group.
- *Canteen service (not available at weekends):
 - o Breakfast : 07:15 – 07:45
 - o Lunch : 12:00 – 13:00
 - o Dinner 18:45 – 19:30
- *The dormitory will be closed from 09:00 to 16:30

The General Director gives educator staff the responsibility of managing these regulations. The hospitality can be officially interrupted at any time in case the school rules aren't respected.