

Lariano Trekking Camp
June 29th – July 12th 2014



Host Country / Club

ITALY / Rotary Club:

Appiano, Cantù, Como, Como Baradello, Erba Laghi, Parchi
Altomilanese, Saronno

Aim of Camp

Trekking on the Como Lake mountains

Program

Trekking on the Como Lake mountains

During these two weeks you will be guided to discover our region,
through trekking on the beautiful mountains of Como Lake and the
surrounding area of it

easy walking mountain paths have been selected for three days,
the fourth one is a resting day: the final excursion & activities
calendar will be issued within the end of March

Application before

20th April 2014

Participants

Total of 12, 6 boys and 6 girls

Limited to one participant per country

Age

16 - 18 years

Language

English – good level

Accommodation

Opera Don Guanella
Via Tommaso Grossi 18
22100 Como

Rotary International
District 2041/2
Youth Exchange Committee

Tel +39-031-296711

<http://www.guanellacomo.it>

Youngsters will be hosted all together in a school college, three/four bed rooms. During the night a surveillance service will be provided

Clothing

Robust trekking boots (MANDATORY, if you do not have them, you might not be allowed to take part in some excursions)

Knapsack for mountain tour

Light wind jacket (waterproof)

Long and short trekking pants

Bathing costume

Underwear for mountain conditions (about 2000 mt height)

Waterproof hat or hood, light mountain mantle

Sunglasses

Sleeping bag is useless: we will provide a light bed bag

Eating

we will provide all meals: at lunchtime when walking it could be just a snack, dinner in the college refectory when at home or in mountain huts during excursions

Guiding

Two or three experts will guide the group every day.

It is strictly required to stay on group, under the guide permission only it is possible to do anything else

Payment

150 Euro, via bank transfer, due at confirmation to:

Bank : C.R.A. Cantù, fil. Minoprio

Account Pessina Marta

Title Trekking Camp, Country, Name of participant

IBAN IT18 G084 3089 1600 0000 0082 962

SWIFT ACAR IT 22

Arrival

Sunday - June 29th, 2014 (preferably in the afternoon)

Departure

Saturday - July 12th, 2014

Airport Milan Malpensa (preferred)

Alternative Milan Linate

Railway Milan Central Station

Rotary Club rep's will provide for welcome and escort service from/to airport/station

Transportation

private or public, will be provided by us



Rotary International
District 2041/2
Youth Exchange Committee

Contact

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SCHOOL RULES FOR THE GUESTS OF OPERA DON GUANELLA

Dear Guests,

We would like to ask you to read and accept the following rules, in order to respect the educational aim of the Opera Don Guanella

Show a correct behaviour and be respectful to people and things.

Smoking is tollerated outside the school building only.

Drinking alcoho and using drugs is absolutely not allowed.

It is mandatory to stay in your room from 22:30 to 7:00, keeping quiet.

Short outdoor walks after dinner are allowed, but only if with trekking camp officers and in group.

The General Director gives educator staff the responsibility of managing these regulations. The hospitality can be officially interrupted at any time in case the school rules aren't respected.