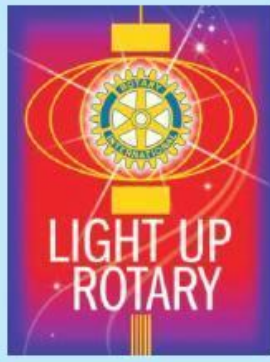


Rotary



HIMALAYAN MULTI-DISTRICT – INDIA

“A LEARNING ADVENTURE CAMP 2015”

25th MARCH- 7th APRIL 2015



"No one saves us but ourselves. No one can and no one may. We ourselves must walk the path" -Buddha

Hello Surinder!

Now I have been home in Norway for over a week, and I just wanted to send you a mail and thank you for the wonderful trip in India! It was such an amazing adventure, I think I have never learned that much in two weeks before. Since I got home, I have just been looking at pictures and missed India and all the people. I really have to thank you for all you did for us, for all you taught us and for all the places you brought us. I am so happy we got to see all the different areas, everything from the mountains to the city. I think you gave us a wonderful impression of India and now I really want to return to India one day! Again, thank you so much, and if you ever visit Norway you are more than welcome.

Best wishes,

Tineke!

Hello Surinder,

I have received a short report from Juan Garcia-Gallardo. He is absolutely delighted to have had the opportunity to visit India and he insists that we should tell all the young people we know, that they should do your camp. He said that you are wonderful person. He has also sent us some photos which are amazing!!! We will put them up on our web page.

Congratulations again Surinder for organising such a fantastic camp!!

Warm regards,
Carmen, Camps Coordinator, MD RYE Spain

Hello!

*I came back yesterday at 2 pm. My heart and head are definitely still in India! I enjoyed the trip so much, that I find it very hard putting my feelings into words. I want to go back, now, but life continues and I know that I will return as soon as possible. Leaving the hotel and seeing everyone say goodbye made me feel so sad, that I would have loved to stay longer and see Kolkata or work for the Mother Teresa institution. I wanted to thank You once again for everything You did during those 2 weeks. I pay You respect for having organised the trip on Your own so well. I know that we sometimes went crazy, but when and if we did, it was definitely a gesture that came from our hearts. We all enjoyed it so much, that tears of happiness are running down my cheeks just thinking about it. I want to change my life now and be more aware of what I am doing. Especially the kids in Inida thought me what happiness really is. I still see their smiles in my dreams...
THANK YOU FOR ONE OF THE BEST WEEKS OF MY LIFE!*

Katharina-Sophia Dolezal

Ps: Thank You also for the tea!



Once again an unforgettable experience specially designed for the adventurous who would like to combine their time spent gaining knowledge with having fun! Learn about the ancient culture and religions – Hinduism and Buddhism - at the holiest city of Puri, with its marvelous temples dating from 3rd century, situated at the exotic sea resort in the Bay of Bengal while engaging in discourses with the monks who will also teach YOGA. From there on to the picturesque Himalayan State of Sikkim, in the city of Pelling and Gangtok, visiting the oldest monasteries, interacting with the Lamas. Browse in the only Buddhist University in the world, within the breathtaking Rumtek Monastery.

Visit the world's largest mangrove forest in the back waters of Bay of Bengal, far from the madding crowd, cruise in the



river and be lucky to sight a tiger in the wilderness. Along with 41 exchange students we were so fortunate to sight one in 2011. It has left an unforgettable deep impact!

The City Of Joy – Calcutta – Rev. Mother Teresa's Tomb to pay homage to a modern Saint, city which was the capital

of India during British Rule, with its monuments and the oldest Rotary Club in Asia. Not to miss the shopping, which you will find to be delightfully cheap.

A meeting with Master Sculpturer and visit to his art gallery and workshop in Puri. A visit to an ARTISANS village,



declared a world heritage VILLAGE, where each home is an artist's workshop. The Sun Temple of KONARK will be spellbinding, a 11th century masterpiece! And in Sikkim, Gangtok, will also be a flower show with some of the best orchids. One of the world's highest lakes, Tsongmo, is a spectacular site situated at a height of more than 4000mts. With view of the world's highest peaks! Added to all this will be white river rafting in the river Teesta.

The adventure does not end here. The tremendous varieties in food, the people with 18 official languages,



with 50 more and 100s of dialects. Clothes, culture, religions which co-exist and not speak of different folk and classical dances. A 15 days saga which will leave its imprint for a long time.

Memories penned down.....

Dear Surinder

It took me a long time to write you a mail to thank you just because I didn't know how to do it!
Everything we've seen in India made a deep impression and I'm still thinking about it every day.

Sometimes I have the feeling that I just do not have words to explain what I thought and feeled up there with you in India.

We have seen a lot of people and we have been talking to a lot of people and there is certainly 1 thing that I will remember for the rest my life: you don't need a lot to be deeply happy and proud. It's my second week back to school and for my exam I will speak about the Sunderban and the tigers because I'm fascinated about it!!

I just want to thank you to show us such a great India. It was important as you said to come with an open mind and just experience the country. I really have another vision about India now (a better one) I'm so happy that I joined you on this trip and I'm thankful that you guided us there.

I'm missing the warm weather, the nice people etc..

Thank you very much Surinder for this great experience
Lots of Love from Belgium

Louise

Dear Surinder,

Coming back to Romania was pretty hard because I feel that I left a part of myself in India. It is so hard to express what we have experienced in these 15 days. Words are not enough.

First of all, the people! I haven't even once felt threatened. Everyone is so friendly and kind. And most of the people are simple but as you said, poor and happy. They don't know more than that. And this is good. It made me realize that I complicate my life with so much more and don't actually leave enough time for what it matters to me. Indian people are fun, they love music and dancing and always smiling. This is what I loved. I didn't even need English to have a conversation with them. It was always so much fun to see how they were amazed by our "foreign" presence and us so intrigued by them. Even the simple things like all of them wanting to take photos with us and thanking many many times for that! I have always felt welcomed.

And then comes religion. I am still not sure in what I believe. I am young and searching for truth. But India always gave me a sense of mystique. A feeling that there is more than I could ever understand around us. The yoga and learning about Hinduism, and the talk with the Buddhist monk opened my eyes. It was great and changed me in a way that now I want to find balance in myself. In a way that makes me want to do more for the people, be better, calmer and happier with what I have. For example I try to meditate every morning and solve my worries and problems through that.

Then the food! Oh my god! It was great! So so flavorful and so simple. Mostly vegetables with a wide variety of spices. Healthy and SPICY. I simply loved it and thank you for giving us the chance to try so many things.

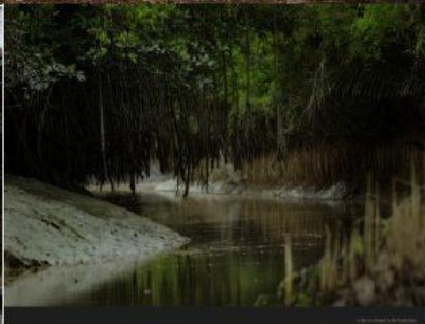
What can I say more! The drivers! Fun people. Talented.

And...you, Surinder. Talking with you, spending time with you and seeing how dedicated you are to this camp, to Rotary, to the people, always wanting to do good and always being so open minded, left a deep positive impression on me. You did so much. From arranging the cabs, the hotel rooms, ordering food, the rides, always phone calls, making sure that everyone is happy, talking about your culture in such a way that everyone understands every detail of it. In such a way that people saw the true face of India! That is quite something! You are an extremely good man and you have taught me a lot. Not only about India, but about life. About how to be a good person. You are an example for me and thank you, thank you for making this experience possible.

There are way more things I would like to say and still, I don't know how to. It was life-changing and incredible at every moment. Please always stay young like now and happy. I will definitely come one day again in India, hopefully with a medical degree:) And please, please, come to Romania you are more than welcomed and I promise you will have a really good time among friends.

Again, thank you.

Vladimir Filip



Maximum participation will be 30 and on first come basis. Age 16–25 years. Registration Rupees 70,000. INCLUDES: Traveling on trains (airconditioned with sleeper berth), local transport. Site-seeing. Meals: Breakfast, lunch and dinner. Accommodation-3 to a room with attached bath all in reasonably good hotels and resorts. DOES NOT INCLUDE: Cold drinks, mineral water, laundry, telephone, ENTRY FEE TO SOME MONUMENTS, WHITE RIVER RAFTING and anything extra which is not included in the above. All train and hotel reservations have to be done three months in advance.

HENCE IT MUST BE A FIRM COMMITMENT.

When applying for Indian visa kindly include visit to Sikkim. Send copy of your passport and a photo for necessary permissions.

CONTACT PERSON:

PDG Surinder Singh Sahni, Bombay Motor Co., Chas 827013, Bokaro-Jharkhand, India.

Tel: 0091 9234303207, Cell: 0091 94311 28183/9006765483.

Tentative detailed itinerary:

1st day : Participants to report on 7th April by 8.00 a.m. at Kolkata International Airport. Emirate Airways has convenient flight from their hub in Dubai, which has connections to most countries. Check into Hotel. Debriefing, orientation and interaction within the team to acquaint themselves. Overnight stay.



a) Ancient City Of Puri b) Visit Art Gallery and the workshop c) Beach Market. Return to Resort.

6th Day : Yoga, Beach activities, After Breakfast Visit Famous 11th Century Sun Temple "Konark". Return to Resort after Lunch Rickshaw Adventure. Evening Famous GUTI PAO Dance.



2nd Day: Depart for Sunderbans after early Breakfast. 5 Hours journey by Bus and Boat. Arrive in Sunderbans Tiger Resort. Cruise on the backwaters. Evening "Jumer" Folk dance followed by camp fire.

3rd Day : Early morning Cruise, Breakfast on boat. After lunch visit an authentic village. Evening A folk ballet "Yatra", followed by camp fire.



7th Day: Check-out after early breakfast. Train to Kolkata. Arrive Kolkata same day. Shopping and free time. Evening Train to Siliguri.



8th Day: Arrive Siliguri in the morning and leave for Pelling. A beautiful picturesque town up in the Himalayas with ancient Buddhist Monasteries. 4-5 hours picturesque drive. Stay in Norbu Gang Resort.

4th day : Early morning Cruise. Check-out and depart for Kolkata to catch evening train to Puri.

9th Day: Early Morning Trek followed by visit to monasteries.



5th Day : Arrival-Puri. Check into Resort. Beach Activity. After Breakfast Visit Meditation Centre. After Lunch – Visits to-

10th Day: Early Morning Breakfast and depart for Gangtok. On way visit a Tea Garden and Tea processing plant. Arrive Gangtok and check in Hotel Sonam Pagley. After Lunch visit Tibetan





Museum. Evening free time to explore the town.

11th day: After early breakfast, depart for Tsongo Lake. One of the highest in the world. Again drive through the



most spectacular view of the Himalayas. Return to hotel for lunch. Evening free for exploring the town and shopping.

12th Day: Early Breakfast and check-out. Visit Rumtek Monastery, seminary for the Lamas and the only Buddhist

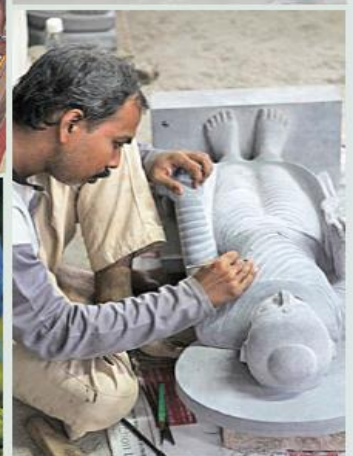
University. Interact with the Lamas and learn about Buddhism followed by White River Rafting. Evening catch overnight train for Kolkata.



13th Day: Arrive Kolkata in morning and Check-in hotel Golden Park. Whole day sight-seeing, Victoria Memorial, St. Paul's Church, Indian Museum and shopping. Also a possible meeting with Rotary Club.



14th Day: Depart for your countries and home, as per each schedule.



IMPORTANT:

1. PARTICIPANTS MUST HAVE INSURANCE AGAINST ILLNESS, ACCIDENTS ETC.
2. While applying for Indian Visa must get "Visit To Sikkim" included.
3. Must receive copies of your passports with visas along with copies of your photograph for obtaining permission to travel in restricted areas.
4. Travel as light as possible, include one formal and beach wear, walking shoes. A windcheater for Sikkim, where it will be cold. Otherwise will be quite warm 30-38 celsius.
5. Please don't bring expensive jewelry etc as we will not be responsible.
6. Registration amount bring in Cash or transfer by Western Union.

Feel free to contact for any further clarifications : **Himalayan Multi-District-India**

PDG Surinder Singh Sahni, Bombay Motor Co., Chas 827013, Bokaro-Jharkhand, India.

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